

“LaSheda Metcalf”
“A Success in the Making”

LaSheda Metcalf participated in the **2011 Summer Youth/Teen Parent “earn and learn” program** offered by the NE MN Office of Job Training. Lasheda attended “earn and learn” activities plus her Youth Counselor set up a work site for her that tapped into her long range career goal of working with youth at the YMCA GirlPower program that assists young girls discover and develop their leadership potential.

As a Recreational Aide for GirlPower, LaSheda helped facilitate a variety of non-traditional experiences geared to developing leadership skills. She assisted in chaperoning field trips, preparing snacks for the day and general “hang out time”, all with the purpose of providing a positive female role model for the young girls, and helping to build confidence and a sense of belonging to a community. Besides learning and practicing basic work skills of punctuality, reliability and responsibility, LaSheda expanded her skill base to include working as a team member, following through on supervisor’s directives and working on her own.

Worksite supervisor, Bridget, commented, *“LaSheda is the best worker we had over the summer.”* When asked what she gained from the work experience, LaSheda stated, *“(I learned) that girls are the most powerful thing in the world. That we are strong, bold and smart!”*

Also, over the summer, LaSheda continued to work on her high school diploma. She’s returning to school in the fall and plans to graduate in May! Congratulations, LaSheda!

The Office of Job Training is very pleased to have played a part in the
“Success in the Making” of LaSheda Metcalf.

Let us help you with your story!